



Zion Messenger

Zion Lutheran Church

July 2023

Sunday Worship 10:00 am

All are welcome!

Online worship on Sundays at 10:00 am on Facebook

Zion Lutheran Camas ELCA

824 NE 4th Avenue Camas, Washington

Pastor Christopher Hogstad

360-834-4201 office

Email: info@zionluthcamas.org

Website: www.zionluthcamas.org

SERVICE

COFFEE HOUR

Jul 2 Hogstad Family
Jul 9
Jul 16 Martha Circle
Jul 23 Esther Circle
Jul 30

ALTAR GUILD

Rae Gessford, Carol Phillips

COMMUNION ASSISTANTS

Jul 2 LaDene Mattson
Jul 9 Pat Hagensen
Jul 16 Cheryl Sonju
Jul 23 Judy Bauer
Jul 30 Jean Dossett

BASKET ASSISTANTS

Jul 2 Kathryn Sitler
Jul 9 Taylor Hogstad
Jul 16 Jorja Ladage
Jul 23 Karen Blair
Jul 30 Patti Gardner

FLOWERS

Jul 2 B Anderson
Jul 9 Myers
Jul 16 Haralson
Jul 23 Gardner
Jul 30 Brech

GREETERS

Jul 2 Barbara Breitenbucher
Jul 9 Janet Brooks
Jul 16 Mary Ann Eichler
Jul 23 Ursula Richards
Jul 30 Barbara Vahsholtz

LECTORS

Jul 2 Megan Hogstad
Jul 9 Jim Bibler
Jul 16 Nancy Bbler
Jul 23 LaDene Mattson
Jul 30 Ruth Ladage



Prayer Chain

JOYS & CONCERNS:

PRAYERS of the PEOPLE

Mary Lynn Bartlett, Brooke Danielson, Tim Stevens, Jason Breitenbucher, Doug Danielson, Madlin Baltzell; for the family of Marian Koppang on her loss
June 5



Dear family of Zion,
I want to express my gratitude for your cards, calls, prayers and words of kindness. Your friendship and love have given me much comfort during this time of loss. You are truly God's instrument of love, caring and peace.
Brenda Tabler



What's Brewing?

Thursday, July 27
5:00 pm
Ashwood Taps & Trucks

1535 E St, Washougal
360-210-5421

Zion Book Club:

Summer reading!

The Book Club will not meet in July and August. September 14 will be the next meeting. The book discussion will be *The Last Green Valley* by Mark Sullivan, a novel of historical fiction inspired by a true story of an ethnically German family living in Ukraine during World War II. The book follows their struggle to survive and escape the horrors of both Stalin and Hitler.



We will plan to meet, as usual, at 1PM in the Conference Room behind Pat's office. All are welcome!

Lite Side

A group of seniors was sitting around talking about their ailments.

"My right hand shakes too much to hold coffee," said one.

"Yes, I know," said another. "My cataracts are so bad I can't even see the cup."

"What? Speak up! I can't hear you!"

"I can't turn my head because of the arthritis in my neck," said a fourth, to which several nodded in agreement.

"My blood pressure pills make me so dizzy!" exclaimed another.

"I forget where I and where I'm going," confessed one.

"I guess that's the price we pay for getting old," winced an old man as he slowly shook his head.

The others nodded in agreement.

"Well, count your blessings," said a woman cheerfully. "Thank God we can all still drive."





Peace to you in the name of the one
who shares the good news, Jesus the Christ!
For many, this is a time to take a
breath. I hope this is the case for you and

yours. As we hear the Word of God during the summer months, much of it focuses not upon the events of Jesus' life, but what he taught and how he lives out God's desire for creation. From Christmas to Easter and then to Pentecost, where Jesus is located can be important within the impact of the lesson. Up the mountain, outside of Jerusalem, praying in the garden give depth and meaning to what Jesus speaks of and does amid the people he came to be with. Now, we focus more on the sayings of Jesus; exploring what he says as he meets us where we are in our journey of faith.

For what Jesus has to say speaks across time and space; they are universal truths for the faithfulness of God and the stubbornness of humanity. "Whoever welcomes you welcomes me", "let anyone with ears listen", "for my yoke is easy, and my burden is light" show how much God desires to be with us and show us the way to grace and truth, light and life. This way is not easy, nor without struggle and challenges. God, in Jesus through the Holy Spirit is aware of the pitfalls we face. Jesus continues to share hope amidst the challenges and grace in the midst of sin to make us aware of the many and various ways we are loved and welcomed into God's salvific work in the here and now.

Jesus does speak difficult truths to us. He also shares this amazing grace that meets us in the same space and time as the difficult truths. The parables, analogies, stories, and images give us a starting point to the depth and wideness of love and grace. How we welcome, listen, and share what we hear gives insight into our understanding of how Jesus' words impact us and our community. This is a time to be present at the feet of Jesus; even though we know how the story ends chronologically, we can still gain a deeper understanding of what God desires in, with, and through us as we develop and understand who we are as the faithful people of God.

Pastor Chris

Noisy Offering

July 2nd's Noisy Offering will go to Lutheran World Relief Disaster Response to the tornado damage in the southern United States. Bring your noisy coins or silent bills to make a difference in the world!



"I downloaded them from a cloud."

Zion's Endowment Fund

There are many options through lifetime giving arrangements that may benefit you, your family, and Zion. Lifetime giving complements your estate planning and often improves your current financial and tax situation. Consider a planned gift of kindness to Zion! For more information call a member of the Endowment Team:

Cheryl Sonju	360-835-7670
Ken Mattson	360-834-3301
Linda Hansen	605-254-5016
Joe Keller	503-313-6646
Deanna Eichler	512-925-9105

Emergency Contact Information

We are starting a voluntary program to keep emergency contact information at Zion. If anyone should experience a

medical emergency at Zion, the emergency contact form will hold the name, phone number, and address of the person(s) you want to be notified. All members are encouraged to email, call, or stop by the church office to provide Pat with their emergency contact information.





Sr. Fitness class!

Tell your friends and encourage them to try it out! Classes are twice weekly on Tuesdays and Fridays at 10:30. This low-impact exercise group is led by Sinéad Hale, certified instructor. Chair yoga at 9:30 before the Friday Fitness class is also offered.

A donation of \$5 per session is needed to sustain the group. Wear close-toed shoes and comfortable clothes.

LWR Mission Quilts: an unexpected tool to keep children healthy

Your quilts provide warmth, shelter and a tangible gift of love to neighbors in need. Did you know they also help children grow up to be strong and healthy?

Stunting is common but preventable. It's caused by chronic malnutrition in a child's early years, and it has devastating results. Children who are stunted are more likely to get sick and take longer to get better; they also often experience developmental delays and have trouble learning. In other words, stunting is more than just being short — it prevents a child from reaching her potential in almost every way.

Growth takes energy

Njombe is one of the coldest regions of Tanzania, where one out of every three children is stunted. In 2020, researchers looked into the causes of stunting in the Njombe region and discovered that children were not only hungry — they were also cold. Instead of using every last calorie to grow, they were burning significant energy just to keep their bodies warm.

Fortunately, Lutheran World Relief has a reliable (and colorful) solution to the cold: the LWR mission quilts you faithfully sew. **Today, thanks to the work of your hands, nearly 9,000 children in Njombe have quilts to keep them warm and help them grow up strong and healthy.**

Your quilts are the perfect complement to our programs that screen children for malnutrition and help families ensure they have enough to eat.

Dr. Lali Chania, who leads our programs in Tanzania, says, **“Thank you to quilters on the other side of the globe for all the great work and dedication, and for bringing works of their hearts to children of Tanzania. It's very important.”**

FINANCIAL DIGEST

MAY

BUDGETARY INCOME YEAR/DATE 125,816.47
BUDGETARY EXPENSES 129,942.95

BUDGETARY OFFERING MONTH YEAR/DATE

2023	27,797.55	125,816.47
2022	20,815.03	118,656.12

ATTENDANCE COMPARISON		# of Sundays	Avg/YR to Date	
2023	366	1964	22	89
2022	437	1277	16	80



Zion Lutheran Church Staff:

Ministers	Entire Congregation
Senior Pastor	Christopher Hogstad
Youth Minister	Pam Ensley
Music Staff:	Karen Rezabek, Gary Ritter
Digital Media Coordinator	Angelyka Cava
Nursery Attendant	Jorja Ladage
Sound Techs:	Max Malcom, Matt Sitler, Jorja Ladage
Custodian	Tye Cobb
Council Officers:	Pres. Adam Sitler, Vice Pres. Kelly Bruce Sec. Florence Faraone
Administrative Assistant	Patricia Hagensen

The **Zion Messenger** is the monthly newsletter of Zion Lutheran Church, located at 824 NE 4th Avenue, Camas, Washington. Worship service is at 10:00 am. Pr. Chris Hogstad can be reached at 360-834-4201 ext 202 or 360-835-2925. Administrative office hours are 8-12:00 Mondays and 8-5:00 Tuesday - Friday. Email can be sent to info@zionluthcamas.org. The website is zionluthcamas.org. Worship live on Facebook at Zion Lutheran Church Camas ELCA

"As a welcoming Body of Christ, we celebrate and share God's saving grace for all."

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